

BIG2005 12 June 2005



100m Men

Heat 1				Wind Speed +4.5M/S
Pos	No	Name	Club	Performance
1	21	LEROY SLUE	HARROW	10.66
2	14	JAMES MOORE	BIRCHFIELD	10.88
3	30	DANNY DOYLEY	BLACKHEATH & BROMLEY	10.92
4	32	JONATHAN BROWNE	KENT AC	10.92
5	19	JASON GREENIDGE	WOODFOOD GREEN AND ESSEX LADIES	10.95
6	16	LEVI EDWARDS	N E B	10.98
7	28	MARK COLLINS	LUTON AC	11.22

Heat 2				Wind Speed +3.3M/S
Pos	No	Name	Club	Performance
1	26	RION PIERRE	WSEH	10.66
2	10	ANDREW WATKINS	CWMBRAN	10.67
3	12	LEEVAN YEARWOOD		10.71
4	7	SERIASHE CHILDS	UWIC	10.78
5	11	MATT WALKER		10.81
6	15	STUART BARNES	BIRCHFIELD HARRIERS	10.86
7	2	RAFAEL ALLEYNE	CITY OF SHEFFIELD AC	11.01

Heat 3				Wind Speed +2.1M/S
Pos	No	Name	Club	Performance
1	33	LLOYD RICE	BRISTOL & WEST	10.72
2	23	FABIAN COLLYMORE	BLACKHEATH HARRIERS	10.73
3	22	COLIN WILSON	WOODFORD GREEN	10.75
4	4	WILLIAM POBIT	WOODFORD GREEN	10.86
5	13	ADEBOWALE ADEMUYEWO	SALE HARRIERS	10.88
6	3	JOSHUA WOOD	HARROW	11.14

Heat 4				Wind Speed +2.5M/S
Pos	No	Name	Club	Performance
1	34	WADE BENNETT-JACKSON	BELGRAVE HARRIERS	10.46
2	20	HARRY AIKINES-ARYEETEY	SUTTON & DISTRICT	10.51
3	29	RYAN MOSELEY	SBH	10.55
4	5	MATT SHIRVINGTON		10.65
5	1	DAN PLUMMER	NEWHAM	10.67
6	35	ANDREW MENSAH	SHAFTESBURY BARNET	10.98

Heat 5				Wind Speed +2.6M/S
Pos	No	Name	Club	Performance
1	24	CRAIG PICKERING	MKAC	10.36
2	25	PATO BANGURA		10.42
3	17	TIMOTHY ABEYIE	WG & EL	10.43
4	31	MATTHEW THOMAS	N.E.B	10.44
5	8	DARREN CAMPBELL		10.47
6	9	LEON BAPTISTE		10.49
7	6	JAMES ELLINGTON	BELGRAVE HARRIERS	10.50
8	18	GRAHAM BEASLEY	BELGRAVE HARRIERS	10.59

200m Men

Heat 1				Wind Speed +2.0M/S
Pos	No	Name	Club	Performance
1	64	DAVID RILEY	MORPETH HARRIERS	21.36
2	65	ANDRE FERNANDEZ.	NEWHAM & ESSEX/CHELMSFORD	21.60
3	13	ADEBOWALE ADEMUYEWO	SALE HARRIERS	21.76
4	21	LEROY SLUE	HARROW	21.95
5	14	JAMES MOORE	BIRCHFIELD	22.39
6	23	FABIAN COLLYMORE	BLACKHEATH HARRIERS	22.42
7	19	JASON GREENIDGE	WOODFOOD GREEN AND ESSEX LADIES	22.42
DNS	164	BRIAN DARBY	COVENTRY GODIVA	

Heat 2				Wind Speed +1.9M/S
Pos	No	Name	Club	Performance
1	8	DARREN CAMPBELL		21.17
2	155	DAN COSSINS	BIRCHFIELD HARRIERS	21.25
3	61	ADAM CHARLTON	HAC	21.51
4	29	RYAN MOSELEY	SBH	21.58
5	62	JASON HUSSAIN	BELGRAVE HARRIERS	21.62
6	22	COLIN WILSON	WOODFORD GREEN	21.65
7	11	MATT WALKER	ENFIELD	21.86
8	63	MARIMBA ODUNDO-	ENFIELD	22.35

Heat 3				Wind Speed +3.4M/S
Pos	No	Name	Club	Performance
1	58	JULIAN THOMAS	BIRCHFIELD HARRIERS	21.04
2	18	GRAHAM BEASLEY	BELGRAVE HARRIERS	21.04
3	9	LEON BAPTISTE	ENFIELD	21.17
4	17	TIMOTHY ABEYIE	WG & EL	21.22
5	24	CRAIG PICKERING	MKAC	21.32
6	60	SIMON FARENDEN	TRAFFORD	21.34
7	6	JAMES ELLINGTON	BELGRAVE HARRIERS	21.49
DQ	57	SOMTO ERUCHIE	LEICESTER CORITANIAN	

400m Men

Heat 1				
Pos	No	Name	Club	Performance
01	169	RYAN THOMAS	BELGRAVE HARRIERS	48.21
02	156	GRANT BURNETT	INVERNESS	48.28
03	165	ALLOY WILSON	BLACKHEATH & BROMLEY	48.49
04	158	ADAM VITTOZZI	WINDSOR SLOUGH AND ETON	48.50
05	166	BOMENE BARIKOR	BLACKHEATH HARRIERS	49.31
06	162	LAWRENCE BAIRD	TRAFFORD AC	49.53
07	168	GAVIN SELWAY	BELGRAVE	50.24
08	170	NENGI OSSAI	SHAFTESBURY	51.28

Heat 2				
Pos	No	Name	Club	Performance
01	161	RABAH YUSIF	BORDER HARRIERS	47.1*
02	155	DAN COSSINS	BIRCHFIELD HARRIERS	47.6*
03=	167	GARETH DODD	HERTS PHOENIX	49.1*
03=	172	LOUIS BURGESS	BELGRAVE	49.1*
05	164	BRIAN DARBY	COVENTRY GODIVA	49.7*
06	163	DEDAN SIMMONS	HARROW AC	50.2*
DNF	160	LEON GRANT	WOODFORD GREEN	DNF
DQ	171	MARK HYLTON	WSE	DQ

800m Men

Heat 1

Pos	No	Name	Club	Performance
1	93	TIM BAYLEY	BELGRAVE HARRIERS	1:56.19
2	91	GRANT BAKER	LEICESTER CORITANIAN	1:58.09
3	92	TOM WARRENDER	WOLVERHAMPTON & BILSTON AC	1:58.69

400mH Men

Heat 1

Pos	No	Name	Club	Performance
1	180	JOE LLOYD	CHELTENNHAM	53.12
2	181	LLOYD GUMBS	CHARNWOOD AC	53.87
3	187	CHRIS SLEEMAN	ENFIELD & HAR	54.16
4	71	TOM CAREY	SHAFTESBURY BARNET HARRIERS	54.23
5	182	EDWARD HARRISON	BLACKHEATH & BROMLEY	54.57
6	185	IAIN MCDONALD	ROYAL SUTTON COLDFIELD ATHLETICS CLUB	54.90
7	184	RUPERT GARDNER	NEWHAM & ESSEX BEAGLES	56.12

Heat 2

Pos	No	Name	Club	Performance
1	188	DALE GARLAND	GUERNSEY AC	51.31
2	183	LIAM COLLINS	GATESHEAD	51.69
3	189	RICHARD DAVENPORT	GLOUCESTER AC	52.04
4	191	FRANCOIS MALAN	UNATTACHED	52.16
5	186	STEVEN GREEN	CORNWALL A.C.	53.00
6	190	ROBERT LEWIS	BEDFORD AND COUNTY AC	53.12

4 x 100m Men

Pos	No	Name	Club	Performance
01	C	GBU23	JAMES ELLINGTON; SIMON FARRENDEN; RIKKI FIFTON; LE	40.61
02	A	THE	LEEVAN YEARWOOD; RYAN MOSELEY; LEROY SLUE; PATO BA	41.10
03	E	GBU20B	MARIMBA ODUNDO-MENDEZ; RION PIERRE; ANDREW WATKINS	41.43
04	B	UWIC	TIM ABEYIE; STEVE SHAALDERS; ANDREW WATKINS; SERIA	41.87
DQ	D	GBU20A	HARRY AIKINES-ARYEETY; JULIAN THOMAS; CRAIG PICKER	DQ

High Jump Men

Pos	No	Name	Club	Performance
01	206	DARRYL STONE	SHAFTESBURY BARNET	2.18
02	202	TOM PARSONS	BIRCHFIELD/SOLIHULL	2.18
03	210	MARTYN BERNARD		2.10
04	207	ADAM SCARR	ENFIELD & HARINGEY	2.10
05	205	MARTIN ARAM	LIVERPOOL HARRIERS	2.10
06=	204	JAMIE CREIGHTON	LIVERPOOL HARRIERS AC	2.00
06=	215	ROBBIE GRABARZ	BEDFORD/ENFIELD	2.00

08	203	SIMON PHELAN	CHANNEL ISLAND AC	2.00
09	209	GARETH DYBALL	WG & EL	2.00
10	201	JAMIE THOMAS	SOLIHULL & SMALL HEATH	1.95
N/H	208	ROBERT MITCHELL	SALE HARRIERS	N/H

Long Jump Men

Pos	No	Name	Club	Performance	Wind Speed
01	253	LEIGH SMITH	BIRCHFIELD HARRIERS	7.57	+3.6
02	251	RICHARDO CHILDS	BRECON AC	7.56	+3.4
03	258	RYAN JAMES	BIRCHFIELD	7.44	+1.5
04	257	BERNARD YEBOAH	BELGRAVE HARRIERS	7.43	+2.3
05	259	LOUIS MOORE	CITY OF STOKE	7.25	+1.7
06	250	ADRIAN PHILLIPS	BELGRAVE	7.20	+3.5
07	256	ANDY THOMPSON	CARDIFF AC	7.14	+2.0
08	254	SUOTE NYANANYO	BORDER HARRIERS	7.13	+2.9
09	16	LEVI EDWARDS	NEB	7.11	+1.2
10	255	STEVE FLEMMING	CRUSADER AC IRELAND	7.02	+1.5
11	282	EZEKIEL EWULO	HERNE HILL HARRIERS	6.80	+3.0
12	252	WYN ROBERTS	SWANSEA HARRIERS	6.60	+1.3

Triple Jump Men

Pos	No	Name	Club	Performance	Wind Speed
01	278	STEVE SHALDERS	UWIC	16.60	+2.3
02	280	TOSIN OKE	WG & EL	16.12	+2.0
03	277	JONATHAN MOORE	BIRCHFIELD HARRIERS	15.95	+3.1
04	273	JULIAN GOLLEY	WSEH	15.81	+4.9
05	275	KEVIN J THOMPSON	SALE HARRIERS AC	15.38	+4.0
06	274	CHRISTIAN CAMPBELL	EALING, SOUTHAL, MIDDX	15.26	+3.6
07	270	ELLIOT ONEILL	UWIC	15.02	+4.2
08	272	JAMES TOWNSEND	CITY OF BATH	15.00	+2.8
09	281	SAYO OJO	WOODFORD GREEN	14.61	+4.5
10	271	GRAHAM JACKSON	NEWHAM & ESSEX	14.59	+3.4
11	276	LAWRENCE HARVEY	TRAFFORD	14.30	+2.7
N/J	279	DAVID MOUNTFORD	CITY OF STOKE	N/J	
N/J	282	EZEKIEL EWULO	HERNE HILL HARRIERS	N/J	

Pole Vault Men

Pos	No	Name	Club	Performance
01	295	NICK BUCKFIELD	CRAWLEY AC	5.30
02	294	STEVE LEWIS	NEWHAM & ESSEX BEAGLES	5.20
03	297	CHRISTIAN NORTH	WOODFORD GREEN	5.20
04	296	CHRISTOPHER TREMAYNE	CANNOCK & STAFFS	5.10
05	293	ASHLEY SWAIN		5.10
06	291	MARK BEHARRELL	SALE	4.95
07	292	ALAN RICHARDSON	TRAFFORD	4.80
N/H	290	MARK CHRISTIE	SALE HARRIERS	N/H

Shot Men

Pos	No	Name	Club	Performance
01	308	EMEKA UDECHUKU	WOODFORD GREEN & ESSEX LADIES	16.68
02	305	CHRIS GEARING	BELGRAVE	16.02
03	309	STEVE WHYTE	TVH	15.89
04	300	KIEREN KELLY	TEAM SOUTHAMPTON	15.84

06	304	SIMON FRICKER	WOODFORD GREEN	15.44
07	302	SCOTT LITTON-HAYES	NEWHAM & EB.	14.73
08	303	ANTHONY SOALLA-BELL	SHAFTESBURY BARNET HARRIERS/SIERRA LEONE	14.58
09	307	PETER MAITLAND	SWANSEA AC	14.53
10	306	DAMIEN LARRINGTON	BEDFORD & COUNTY	12.34

Discus Men

Pos	No	Name	Club	Performance
01	308	EMEKA UDECHUKU	WOODFORD GREEN & ESSEX LADIES	56.21
02	327	SCOTT THOMPSON		54.91
03	333	LEITH MARAR	REDHILL & SURREY	53.03
04	335	MARK WISEMAN	SALE	52.82
05	332	ABDUL BUHARI	NEWHAM AND ESSEX BEAGLES	52.54
06	302	SCOTT LITTON-HAYES	NEWHAM & EB.	50.36
07	334	LUKE ROSENBERG	HARROW	49.95
08	330	KEVIN BROWN	BELGRAVE	48.58
09	329	RAFER JOSEPH	BMH AC	48.12
10	309	STEVE WHYTE	TVH	46.82
11	304	SIMON FRICKER	WOODFORD GREEN	46.65
12	328	FELICE MIELE	ENFIELD & HARINGEY	46.18
13	326	NEVILLE THOMPSON	SBH	45.88
14	331	SIMON COOKE	CHICHESTER	45.59
15	303	ANTHONY SOALLA-BELL	SHAFTESBURY BARNET HARRIERS/SIERRA LEONE	42.39

Hammer Men

Pos	No	Name	Club	Performance
01	316	ANDY FROST	WOODFORD GREEN	69.10
02	321	SIMON BOWN	NEWHAM & ESSEX	65.92
03	317	MICHAEL FLOYD	SALE HARRIERS	65.26
04	319	CARL SAGGERS	ENFIELD & HARRINGEY	64.19
05	320	GLENN KERR	BEDFORD & COUNTY AC	62.42
06	318	GRAHAM HOLDER	SHARFTESBURY BARNET H.	61.10

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100m Women

Heat 1		Wind Speed +3.8M/S		
Pos	No	Name	Club	Performance
1	113	JANETTE NICCOLLS	TVH	11.89
2	143	GEMMA BENNETT	NEB	11.95
3	101	CARA ROBERTS	CARDIFF AC	11.96
4	105	CLAIRE BERGIN	DSD	12.03
5	107	MICHELLE WEBSTER	BEDFORD	12.13
6	111	SYMONE BELLE		12.14

Heat 2		Wind Speed +2.4M/S		
Pos	No	Name	Club	Performance
1	109	KADI-ANN THOMAS	MILTON KEYNES	11.66

2	114	JOSCELYNN HOPESON	ARCH BISHOP TENNISON	11.68
3	125	LUCY SARGENT	HAVERING/MAYESBROOK	11.68
4	110	JOEY DUCK	MILTON KEYNES AC	11.70
5	112	CLAIRE SPURWAY	RUGBY & NORTHAMPTON	11.89
6	102	JUANITA HARRISON	TRAFFORD	12.48

Heat 3		Wind Speed +2.9M/S		
Pos	No	Name	Club	Performance
1	104	LAURA TURNER	HARROW	11.46
2	100	AMINA CEESAY	NEWHAM ESSEX BEAGLES	11.58
3	124	CIARA SHEEHY	IRELAND	11.70
4	108	SHANI ANDERSON	SBH	11.88
5	103	SABRINA SCOTT	WOODFORD GREEN	11.89
6	106	KELLY THOMAS	SALE HARRIERS	11.91

200m Women

Heat 1		Wind Speed +3.2M/S		
Pos	No	Name	Club	Performance
01	129	KATHERINE JONES	CANNOCK AND STAFFORD	23.88
02	128	DENISE GAYLE	BARNET & DISTRICT	24.64
03=	112	CLAIRE SPURWAY	RUGBY & NORTHAMPTON	24.66
03=	150	JENNI MOLLOY	SHAFTESBURY BARNET	24.66
05	105	CLAIRE BERGIN	DSD	24.86
06	131	TARA BIRD	WOODFORD GREEN & ESSEX LADIES	25.41
07	102	JUANITA HARRISON	TRAFFORD	25.64
DNS	130	JANINE WHITLOCK	TRAFFORD	DNS

Heat 2		Wind Speed +2.8M/S		
Pos	No	Name	Club	Performance
01	126	CHRISTINE OHURUOGO		23.83
02	124	CIARA SHEEHY	IRELAND	23.86
03	110	JOEY DUCK	MILTON KEYNES AC	24.00
04	125	LUCY SARGENT	HAVERING/MAYESBROOK	24.04
05	127	ANYIKA ONUORA	LIVERPOOL HARRIERS	24.19
06	100	AMINA CEESAY	NEWHAM ESSEX BEAGLES	24.21
07	114	JOSCELYNN HOPESON	ARCH BISHOP TENNISON	24.39
08	106	KELLY THOMAS	SALE HARRIERS	24.73

400m Women

Heat 1				
Pos	No	Name	Club	Performance
1	324	KATHRYN EVANS	ELGIN AAC	55.58
2	240	CHARLOTTE BEST	CRAWLEYT AC	56.98
3	236	BERNICE WILSON	BIRCHFIELD HARRIERS	57.19
4	233	KRISTINA OSIPOVA	LITHUANIA	57.99
5	241	SARAH SHUTTLEWORTH	SALE HARRIERS	58.86
6	231	SEEMITA GUMBS	UNIVERSITY OF BIRMINGHAM	1:01.16

Heat 2

Pos	No	Name	Club	Performance
1	237	NICOLA SANDERS	WSEH	53.17
2	239	LESLEY OWUSU	WSE&H	53.56
3	232	GEMMA NICOL	DUNFERMLINE & WEST FIFE AC	55.23
4	238	SARAH TOMLINS	SALE HARRIERS	55.63
5	235	LISA MILLER	WG & EL	57.20

800m Women**Heat 1**

Pos	No	Name	Club	Performance
1	197	BROOKES HANNAH	CRAWLEY AC	2:12.83
2	196	VICKY GRIFFITHS	LIVERPOOL HARRIERS	2:16.41
DNS	198	STEPHANIE WILSON	WSE&H	DNS

100mH Women

Pos	Heat 1	Wind Speed +2.4M/S	Club	Performance
1	152	NICOLA ROBINSON	COVENTRY GODIVA	13.86
2	149	LAUREN MCLOUGHLIN	SHAFTESBURY BARNET	13.92
3	140	ZARA HOHN	WAKEFIELD HARRIERS	14.16
4	145	CHANNELLE GARNETT		14.21
5	151	LAURA EASTMAN	TELFORD	14.26

Heat 2 Wind Speed +3.0M/S

Pos	No	Name	Club	Performance
1	146	JULIE PRATT	WOODFORD GREEN	13.30
2	144	KELLY SOTHERTON		13.37
3	142	JESSICA ENNIS	CITY OF SHEFFIELD	13.60
4	141	SHARON WALLS	WIGAN HARRIERS	13.62
5	143	GEMMA BENNETT	NEB	13.70
6	148	SARAH PORTER	SUTTON & DISTRICT	13.75
7	150	JENNI MOLLOY	SHAFTESBURY BARNET	13.79
DNS	147	SARA MCGREAVY	SALE HARRIERS	

400mH Women**Heat 1**

Pos	No	Name	Club	Performance
1	223	RUTH BRERETON	WOODFORD GREEN AND ESSEX LADIES	1:01.68
2	220	MARIKA REED	WSEH	1:02.39
3	225	KATHRYN WILLIAMS	CARDIFF	1:02.57
4	216	LAURA CURTIS	KINGSTON UPON HULL	1:03.19
5	219	LAURA SIDDALL	SALE HARRIERS	1:05.08

Heat 2

Pos	No	Name	Club	Performance
1	221	SIAN SCOTT	TEAM SOUTHAMPTON	59.27
2	217	ANWEN REES	CARMARTHEN HARRIERS	59.70
3	218	EILIDH CHILD	PITREAVIE A.C.	1:00.76
4	224	JENNIFER CULLEY	BELGRAVE	1:01.34
5	227	MEL CANNING		1:01.59
6	222	LYNDSAY FITZGERALD	NEWPORT	1:02.42
7	226	HANNAH STARES	BELGRAVE HARRIERS	1:03.55

4 x 100m Women

Pos	No	Name	Club	Performance
01	H	GB	JOHNELLE GIBBONS; KADI-ANN THOMAS; LUCY SARGENT;	46.10
02	J	GBU20B	TARA BIRD; NICOLA MCDERMOTT; SYMONE BELLE; JOSCELY	47.51
DQ	K	GBU23	JENNI MOLLOY; KATHERINE JONES; GEMMA BENNETT; ANYI	DQ

High Jump Women

Pos	No	Name	Club	Performance
01	302	JULIA BENNETT	EPSOM & EWELL HARRIERS	1.88
02	300	VIKKI HUBBARD	GRANTHAM AC	1.80
03	304	WHITNEY EVANS	CANADA	1.80
04	305	AILEEN WILSON	WG&EL	1.76
05=	306	MICHELLE DUNKLEY	ESSEX LADIES	1.71
05=	307	CHARIS OCONNOR	GUIDFORD & GODALMING	1.71
07	301	EMMA MORRIS	SOUTHSHIELDS HARRIERS	1.71
08	303	SHARON HEVERAN	UWIC	1.66

Long Jump Women

Pos	No	Name	Club	Performance	Wind Speed
01	273	AMY HARRIS	BIRCHFIELD HARRIERS	6.28	+2.1
02	142	JESSICA ENNIS	CITY OF SHEFFIELD	6.25	+2.5
03	270	BECKY WHITE	SALE HARRIERS MANCHESTER	6.15	+2.8
04	274	SARAH ROSSITER	FOREST OF DEAN	5.97	+4.0
05	277	AMY WOODMAN	BIRCHFIELD	5.89	+2.3
06	271	HENRIETTA PAXTON	BIRCHFIELD HARRIERS	5.86	+2.6
07	281	TRACY JOSEPH	BMH AC	5.84	+2.5
08	278	LOUISE HAZEL	PETERBOROUGH	5.84	+2.6
09	275	JADE SURMAN	BIRCHFIELD	5.73	+2.8
10	272	LOUISE BLOOR	TRAFFORD	5.72	+3.8
11	276	FIONA WESTWOOD	WAKEFIELD	5.70	+1.7
12	280	HELEN WILLIAMS	WALTON A.C	5.52	+3.7
13	279	ELLIE DARBY	BIRCHFIELD HARRIERS	5.44	+2.5
14	101	CARA ROBERTS	CARDIFF AC	5.43	+2.2
DNS	203	TANEISHA SCANLON	SHAFTESBURY BARNET		

Triple Jump Women

Pos	No	Name	Club	Performance	Wind Speed
01	203	TANEISHA SCANLON	SHAFTESBURY BARNET	13.50	
02	206	YASMINE REGIS	WSEH	12.97	
03	205	KARLENE TURNER	WSE&H	12.66	
04	208	DENAE MATTHEW	LEICESTER CORITANIAN	12.41	
05	207	STEPHANIE ANETO	ESSEX LADIES AND WOODFORD GREEN	12.38	
06	202	ZAINAB CESAY		12.29	
07	201	SARA BARRY	UWIC	12.00	
08	204	JULIA STRAKER	MORPETH/TRAFFORD	11.60	

Pole Vault Women

Pos	No	Name	Club	Performance
01	130	JANINE WHITLOCK	TRAFFORD	4.46
02	329	ELLIE SPAIN	SBH	4.15
03	331	KATE DENNISON	SALE HARRIERS	4.05

04	328	KIRSTY MAGUIRE	EDINBURGH SOUTHERN HARRIERS	3.75
05	335	CATHERINE MACRAE	WSE & H	3.60
06	327	RACHEL GIBBENS	UWIC	3.60
07	332	HILARY SMITH	BIRCHFIELD HARRIERS	3.60
08	330	CLARE NEVE	TRAFFORD AC	3.60
09	333	NATALIE OLSON	BLACKHEATH & BROMLEY	3.45
DNS	326	STEPHANIE MCCANN	VALLEY ROYALS (CANADIAN)	DNS
N/H	334	LIZ HUGHES	BLACKHEATH & BROMLEY	N/H

Discus Women

Pos	No	Name	Club	Performance
01	256	PHILIPPA ROLES	SALE	58.07
02	253	EMMA MERRY	RUGBY AC	53.44
03	252	KARA NWIDOBIE	BLACKPOOL & FYLDE AC	53.20
04	257	CLAIRE SMITHSON	BRIGHTON & HOVE	52.32
05	254	EMMA CARPENTER	WSEH	51.53
06	250	CLAIRE GRISS	BORDER HARRIERS AC	51.10
07	258	EMMA BEALES	MILTON KEYNES	44.19
08	260	NAVDEEP DHALIWAL	SHAFTESBURY	43.95
09	251	EDEN FRANCIS	LEICESTER CORITANIAN	40.73
10	259	MELANIE HARRISON	HAVERING	40.19
11	255	RUTH HAY	CORBY AC	39.16

Shot Women

Pos	No	Name	Club	Performance
01	317	JOANNE DUNCAN	WG & EL	15.53
02	318	REBECCA PEAKE	LOUGHBOROUGH	15.20
03	251	EDEN FRANCIS	LEICESTER CORITANIAN	14.13
04	316	ELEANOR GATRELL	WOKING AC	13.66
05	144	KELLY SOTHERTON		12.92

Hammer Women

Pos	No	Name	Club	Performance
01	341	ZOE DEREHAM	BIRCHFIELD	60.52
02	343	CARYS PARRY	RHONDDA	57.33
03	340	SUSAN MCKELVIE	EDINBURGH	52.25
04	342	BOLANLE OGUN	EXETER HARRIERS	45.96
05	344	BETHAN LISHMAN	BORDER HARRIERS	41.65

4 x 75m Relay Boys

No	Name	Athletes	Performance
B	Harrold Priory		38.78
C	Lincroft 'A'		39.53
E	Margaret Beaufort		41.43
H	Holywell Middle		42.43
K	Lincroft 'B'		42.63
A	Longsands College		43.82

4 x 75m Relay Girls

No	Name	Athletes	Performance
C	Lincroft 'A'		41.68
E	Margaret Beaufort		43.07
K	Lincroft 'B'		43.43
B	Harrold Priory		43.51
H	Holywell Middle		44.39
A	Longsands College		45.05